

ZOOM

Alternatives to Hospitalisation

The Alternatives to Hospitalisation benefit brings hospital-level care to the comfort of your own home without compromising on the quality of your care, and offers a safe and effective alternative to normal hospitalisation.

HOW CAN YOU ACCESS THESE SERVICES?

1. Early discharge from hospital

When clinically stable, your doctor can discharge you to complete your acute care at home.

2. Home care in lieu of hospitalisation

At the point of diagnosis, your treating doctor can opt to admit you at home for an acute event.

WHAT DOES THE ALTERNATIVES TO HOSPITALISATION BENEFIT INCLUDE?



Home nursing

Nursing care at home.



Remote Patient Monitoring (RPM)

Remote monitoring of vital signs and virtual consultations.



Hospital-at-Home (HAH)

RPM services and home visits.



Sub-acute or step-down facilities

When discharged early from acute hospital.

KEY FEATURES OF THE BENEFIT



- Referral by your treating doctor
- Seamless pre-authorisation
- Funded by your in-hospital benefit, so it doesn't affect your day-to-day benefit.

HOW THE BENEFIT IS COVERED ON FEDHEALTH

	<i>flexiFED</i> Savvy	<i>flexiFED</i> 1	<i>flexiFED</i> 2	<i>flexiFED</i> 3	<i>flexiFED</i> 4	<i>maxima</i> EXEC	<i>maxima</i> PLUS	<i>myFED</i>
Nursing services, private nurse practitioners and nursing agencies	Unlimited at cost at PMB level of care	Unlimited at negotiated tariff	Unlimited at negotiated tariff	Unlimited at negotiated tariff	Unlimited at negotiated tariff	Unlimited at negotiated tariff	Unlimited at negotiated tariff	Unlimited at cost at PMB level of care
Sub-acute facilities, physical rehabilitation facilities	Unlimited at cost at PMB level of care	Unlimited at cost up to PMB level of care	Unlimited at cost up to PMB level of care	Unlimited at cost up to PMB level of care	Unlimited at cost up to PMB level of care	Unlimited at negotiated tariff	Unlimited at negotiated tariff	Unlimited at cost at PMB level of care

Please contact the Fedhealth Customer Contact Centre on **0860 002 153** for more information on how to access these services. Services are subject to pre-authorisation and managed care protocols.

CONTACT DETAILS

For more information, please visit fedhealth.co.za, or use the Fedhealth Family Room, WhatsApp service or Fedhealth Member App. You can also call the Fedhealth Customer Contact Centre on **0860 002 153**.

Disease Management : Europ Assistance : MVA Third Party Recovery Department : Fedhealth Baby
0860 101 306 : 0860 333 432 : 012 431 9718 : 0861 116 016