REGISTERED BY ME ON

2023/12/08

EGISTRAR OF MEDICAL SCHEMES

# **Fedhealth Medical Scheme**

# myFED

# Annexure B10 – Benefits and Limits 2024

(To be read in conjunction with Annexure C and D)

[Effective 1 January 2024 unless otherwise stated below]

Page 1 of 43 With Effect From 01 01 2024

FEDHEALTH BOT approved

REGISTERED BY ME ON

# 2023/12/08

#### REGISTRAR OF MEDICAL SCHEMES

......

FEDHEALTH MEDICAL SCHEME myFED

# **Table of Contents**

Α.	ENTITLEMENT TO BENEFITS	3
В.	CHARGING OF BENEFITS, LIMITS INCLUDING	
	OVERALL ANNUAL LIMITS AND MEMBERSHIP	
	CATEGORY	7
C.	PRESCRIBED MINIMUM BENEFITS (PMB's)	8
D.	ANNUAL BENEFITS LIMITS	8
D1	ALTERNATIVE HEALTHCARE	9
D2	AMBULANCE SERVICES	9
D3	APPLIANCES, EXTERNAL ACCESSORIES AND	
	ORTHOTICS	9
D4	BLOOD, BLOOD EQUIVALENTS AND BLOOD	
	PRODUCTS	11
D5	CONSULTATIONS AND VISITS BY MEDICAL	
	PRACTITIONERS	12
<b>D6</b>	DENTISTRY	14
D7	HOSPITALISATION	15
<b>D8</b>	IMMUNE DEFICIENCY SYNDROME RELATED TO HIV	
	INFECTION	18
D9	INFERTILITY	19
D10	MATERNITY	20

D11	MEDICINE AND INJECTION MATERIAL	21
D12	MENTAL HEALTH	24
D13	NON SURGICAL TESTS AND PROCEDURES	26
D14	ONCOLOGY	27
D15	OPTOMETRY	29
D16	ORGAN, TISSUE AND HAEMOPOIETIC STEM CELL	
	(BONE MARROW) TRANSPLANTATION AND	
	IMMUNOSUPPRESSIVE MEDICATION	31
D17	ADDITIONAL MEDICAL SERVICES	32
D18	PATHOLOGY AND MEDICAL TECHNOLOGY	33
D19	PHYSICAL THERAPY	33
D20	PROSTHESES AND DEVICES INTERNAL AN	
	EXTERNAL	34
D21	RADIOLOGY	36
D22	RENAL DIALYSIS CHRONIC	38
D23	SURGICAL PROCEDURES	38
D24	SURGICAL AND NON SURGICAL PROCEDURES	
	WITH SPECIFIC CONDITIONS AND EXCLUSIONS	<b>4</b> 0
D25	WELLNESS BENEFIT	40
D26	HEALTH RISK ASSESSMENTS	41

Page **2** of **43** With Effect From 01 01 2024

#### FEDHEALTH MEDICAL SCHEME myFED

2023/12/08

**REGISTERED BY ME ON** 

REGISTRAR OF MEDICAL SCHEMES

#### FEDHEALTH MEDICAL SCHEME – myFED ANNEXURE B BENEFITS AND LIMITS [Effective 1 January 2024 unless otherwise stated below]

#### A ENTITLEMENT TO BENEFITS

- A1 "Entitlement to Benefits" rules specific to this option are listed in the paragraphs to follow to be read in conjunction with Annexure C, D and E.
- A2 In respect of legally prescribed medicine, the following is applicable: 100% of the lower of:
  - i) the cost to the supplier plus the negotiated mark-up; or
  - ii) the single exit price plus the negotiated dispensing fee to a maximum fee of either the negotiated dispensing fee, or, in the absence of a negotiated fee, 26.5% capped at a maximum of R29.00 (VAT exclusive). In addition, no dispensing fee may exceed the maximum fee as dictated by legislation.

Both subject to the reimbursement limit, i.e., Maximum Generic Price or Medicine Price List. Levies and co-payments to apply where relevant.

#### A3 Hospital Network:

Any authorised hospitalisation for any condition (including oncology, alternatives to hospitalisation and psychiatric services), shall be paid at rates as specified in paragraph A4.

#### A3.1 Hospitalisation:

The myFED option has appointed a hospital network as the Designated Service Provider ("DSP") for all benefits including Prescribed Minimum Benefits.

An amount of R14 700 is deductible for the use of Non DSP Providers.

The Hospital Network provides for any authorised hospitalisation for any condition, (including oncology, alternatives to hospitalisation and psychiatric services), which shall be paid at 100% of the negotiated rate. Paragraph A4 is also applicable.

A3.2 DSPs

FEDHEALTH BOT approved

FDHFM Version 1.0

With Effect From 01 01 2024

# **REGISTERED BY ME ON**

#### 2023/12/08

FEDHEALTH MEDICAL SCHEME myFED

REGISTRAR OF MEDICAL SCHEMES

Unlimited cover is provided for PMBs in Designated Service Providers ("DSPs"). The onus is not on the member but on the Scheme to ensure and guarantee the services for PMBs will be available at DSP or Government Facilities.

No pre-authorisation will be granted for voluntary non-PMB use of non-DSPs

#### A4 Providers In Hospital:

A4.1 A Specialist Network, appointed as the Scheme's DSP for PMB's (refer Annexure D, paragraph 7.4.3), is applicable for all In and Out of Hospital consultations and procedures.

The Specialist Network includes, but is not limited to, the following specialists:

- Anaesthetists
- Dermatology
- Independent Practice Specialist Obstetrics and Gynaecology
- Pulmonology
- Independent Practice Specialist Medicine
- Gastroenterology
- Neurology
- Cardiology
- Psychiatry
- Independent Practice Specialist Neurosurgery
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT)
- Rheumatology
- Paediatrics Independent Practice Specialist
- Plastic and Reconstructive Surgery
- Surgery/Paediatric surgery Independent Practice Specialist
- Cardio Thoracic Surgery
- Urology
- Maxillo-facial and Oral Surgery.

# A4.2 In Specialist Network rates applicable as follows:

• Funded in full at negotiated rate, including Anaesthetists.

.

FEDHEALTH BOT approved

Page **4** of **43** With Effect From 01 01 2024

## **REGISTERED BY ME ON**

#### 2023/12/08

#### FEDHEALTH MEDICAL SCHEME myFED

REGISTRAR OF MEDICAL SCHEMES

All consultations and procedures within the Specialist Network will be charged at the negotiated rate, with no co-payments applicable.

#### A4.3 Out of Specialist Network:

• 100% of the Fedhealth Rate, subject to a combined limit of R2 500 for GPs and Specialist Consultations.

All consultations and procedures outside of the Specialist Network will be reimbursed at the lesser of cost or up to a maximum of the above rates. Co-payments are applicable for consultations and procedures charged in excess of the above-mentioned rates.

#### A4.4 GPs in Hospital:

## A4.4.1 GPs In Network In Hospital:

• Funded in full at the negotiated rate.

A GP network, appointed as the Scheme's DSP for PMBs is applicable for all in hospital consultations and procedures.

#### A4.4.2 GPs Out of Network In Hospital:

• 100% of the Fedhealth Rate, subject to a combined limit of R2 500 for GPs and Specialist Consultations.

All consultations and procedures outside of the GP Network will be reimbursed at the lesser of cost or up to a maximum of the above rates. Co-payments are applicable for consultations and procedures charged in excess of the above-mentioned rates.

A4.5 Other Healthcare Providers in or out of hospital(excluding GP's) not mentioned in A4.1, A4.2, A4.3, A5.1, A5.2 and A5.3: 100% of Fedhealth Rate, only where specific benefits are provided for, as stipulated in paragraph D below.

## A5 Providers Out of Hospital:

- A5.1 GP Network:
  - Funded in full at the negotiated rate.

A GP network, appointed as the Scheme's DSP for PMBs is applicable for all out of hospital consultations and procedures. A 40% copayment will apply for PMBs on voluntary use of a non DSP.

All consultations and procedures within the GP Network will be charged at the negotiated rate, with no co-payments applicable.

**FEDHEALTH BOT approved** 

FDHFM Version 1.0

Page 5 of 43 With Effect From 01 01 2024

#### 2023/12/08

REGISTRAR OF MEDICAL SCHEMES

#### A5.2 Out of GP Network See Out of Network benefit (A5.6)

#### A5.3 Specialists out of Hospital:

A Specialist Network, appointed as the Scheme's DSP for PMB's (refer Annexure D, paragraph 7.4.3), is applicable for all Out of Hospital (day to day) consultations and procedures. A 40% co-payment will apply for PMBs o voluntary use of a non DSP.

#### A5.3.1 In Specialist Network, rates applicable as follows:

 Funded in full at the negotiated rate limited to 2 consultation and procedure subject to a maximum total rand amount of R2 000 per family.

All consultations and procedures within the Specialist Network will be charged at the negotiated rate, with no co-payments applicable.

#### A5.3.2 Specialists out of Network:

No benefit

#### A5.4 GP referral for Specialist Consultations:

Specialist consultations will only be provided for upon referral to such specialist by the member's nominated GP.

Pre-authorisation will be required for such consultations.

#### A5.5 Nomination of General Practitioner at beneficiary level

The Scheme shall pay for benefits in respect of out-of-hospital consultations by GPs on the GP Network (see A5.1 above) subject to the conditions set out in this paragraph and paragraph D5 below.

A main member, on behalf of himself/ herself, and on behalf of his/ her dependants can nominated at least 2 GP's or a dependant can only nominate their own GP, by following the selection criteria required by the Scheme.

A GP may be changed at the principal member's and beneficiary discretion every 6 months.

Page 6 of 43

With Effect From 01 01 2024

FEDHEALTH BOT approved

REGISTERED BY ME ON					
2023/12/08	FEDHEALTH MEDICAL SCHEME myFED				
REGISTRAR OF MEDICAL SCHEMES	A5.6 "Out of Network" visits will be covered at the negotiated fee for non-nominated practitioners on the GP Network and the Fedhealth Rate for practitioners not on the GP Network, up to a maximum of 2 GP consultations only per beneficiary.				
	A5.7 Basic Dental Providers				
	Subject to a contracted list of dentists				
A6	Co-payments are applicable, on the hospital/ facility bill as listed in the co-payment schedule contained in Annexure E. Procedural co-payments as listed in Annexure E, are applicable in addition to the Hospital Benefits co-payments (where/ if applicable) listed in paragraph A3 above.				
в сна	RGING OF BENEFITS, LIMITS INCLUDING OVERALL ANNUAL LIMITS AND MEMBERSHIP CATEGORY				
B1	Overall Annual Limit – There is no overall annual limit.				
B2	urrent Credit Personal Medical Savings Account (PMSA)				
	This option is not a savings option – not applicable				
B3	Benefits – The column headed BENEFITS/ LIMITS reflects the cost at which the Scheme will reimburse the member or the supplier in respect of a claim.				
	Any cost in excess of the funding level reflected in this column will be the responsibility of the member, except for Prescribed Minimum Benefits, which will be funded at cost, subject to the utilisation of DSPs and/ or formularies where applicable.				
B4	Limits – The column headed BENEFITS/ LIMITS reflects the extent to which each benefit is limited or sub-limited in monetary or other terms.				
B5	The Out of Hospital Expense Benefit (OHEB)				
	There is no Out of Hospital Expense Benefit (OHEB) for this option.				
B6	Safety Net Benefit				
	There is no Safety Net Benefit for this option.				
B7	Claims in respect of in-hospital benefits marked by a "Yes" against "In Hosp" in the column headed "BENEFITS/ LIMITS" in Paragraph D shall be paid from the major medical risk pool.				
FEDHEALTH B	DT approved FDHFM Version 1.0 FDHFM Version 1.0 With Effect From 01 01 2024				



# C PRESCRIBED MINIMUM BENEFITS (PMB's)

Prescribed Minimum Benefits as shown in Annexure A of the General Regulations, made in terms of the Medical Schemes Act 131 of 1998, override all benefit limits indicated in this Annexure, where applicable. PMB's are payable at 100% of cost, or at 100% of cost at the relevant Designated Service Provider (as indicated in Annexure D, where applicable).

The Prescribed Minimum Benefits are available in conjunction with the Scheme's contracted managed care programmes, which include the application of treatment protocols, medicine formularies, pre-authorisation and case management. These measures have been implemented to ensure appropriate and effective delivery of Prescribed Minimum Benefits.

See Annexure D – Paragraph 7 for a full explanation.

#### D ANNUAL BENEFITS LIMITS

See contents of table below.

Page 8 of 43 With Effect From 01 01 2024

Service Subject to PMB		myFED Benefits/ Limits Subject to PMB	Conditions/ Remarks Subject to PMB	
		Refer Annexure B Paragraph c	REGISTERED BY ME ON	
D1	ALTERNATIVE HEALTHCARE			
D1.1	In Hospital –	No benefit.	2023/12/08	
	Acupuncture, homoeopathy, naturopathy, osteopathy and phytotherapy consultations and treatment by registered practitioners		REGISTRAR OF MEDICAL SCHEMES	
D1.2	Out of Hospital –	No benefit.		
	Acupuncture, homoeopathy, naturopathy, osteopathy and phytotherapy prescribed medicines where applicable		۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲	
D2	AMBULANCE SERVICES			
		<ul><li>100% of cost if authorised by the preferred provider.</li><li>Limited to and payable from risk.</li><li>Only on inter-hospital transfer per event.</li><li>In Hosp = Yes</li></ul>	Subject to the contracted ambulance services and prior authorisation. Benefits shall apply in respect of services provided within the Republic of South Africa, Namibia, Botswana, Zimbabwe, Lesotho, Swaziland and Mozambique (below the 22 <sup>nd</sup> degree parallel).	
D2.1	Evacuation Benefit	R261 000 per event. In Hosp = Yes	Emergency evacuation within Africa after 90 days absence from the Republic of South Africa.	
D3	APPLIANCES, EXTERNAL ACCESS	SORIES AND ORTHOTICS		

Rr i

FDHFM Version 1.0

Page 9 of 43 With Effect From 01 01 2024

<b></b>	Service	2023/12/08	myFED	FEDHEALTH MEDICAL SCHEME myFED Conditions/ Remarks
		AR OF MEDICAL SCHEMES	Benefits/ Limits Subject to PMB fer Annexure B Paragraph c	Subject to PMB
D3.1	In Hospital	No benefit, unles <b>PMB:</b> In Hosp = Yes	s PMB level of care.	Subject to PMB and managed care protocols if deemed clinically appropriate. For hiring or buying of medical or surgical aids as prescribed by a medical practitioner.
D3.2	Out of Hospital	No benefit, unles <b>PMB:</b> In Hosp = Yes	s PMB level of care.	Subject to PMB and managed care protocols if deemed clinically appropriate. For hiring of buying medical or surgical aids as prescribed by a medical practitioner
D3.2.1	General medical and surgical appliances (including glucometers)	No benefit, unles PMB: In Hosp = Yes	s PMB level of care.	Diabetic accessories and appliances (with the exception of glucometers) to be preauthorised and claimed from the chronic medicine benefit (D11.4).
D3.2.2 Hearing aids and repairs thereof		of No benefit, unles PMB: In Hosp = Yes	s PMB level of care.	Subject to PMB and managed care protocols if deemed clinically appropriate.
D3.2.3 Large orthopaedic orthotics/ appliances		No benefit, unles PMB: In Hosp = Yes	s PMB level of care.	Subject to PMB and managed care protocols if deemed clinically appropriate.
D3.2.4	Stoma products	No benefit, unles <b>PMB:</b> In Hosp = Yes	s PMB level of care.	Subject to PMB and managed care protocols if deemed clinically appropriate. For hiring or buying of medical or surgical aids as prescribed by a medical practitioner

Page 10 of 43 With Effect From 01 01 2024

REGISTERED BY ME OF	REG	ISTE	RED	BY M	IE ON
---------------------	-----	------	-----	------	-------

# 2023/12/08

MEDICAL SCHEMES	Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D3.2.5 CPAP	apparatus for sleep apnoea	No benefit, unless PMB level of care. <b>PMB:</b> In Hosp = Yes	Subject to PMB and managed care protocols if deemed clinically appropriate.
	orthotics (including shoes oot inserts/ levellers)	No benefit, unless PMB level of care. <b>PMB:</b> In Hosp = Yes	Subject to PMB and managed care protocols if deemed clinically appropriate.
D3.3 Speci	fic appliances, accessories		
	en therapy equipment Iding hyperbaric oxygen nent)	No benefit, unless PMB level of care. <b>PMB:</b> In Hosp = Yes	Subject to PMB and managed care protocols if deemed clinically appropriate.
D3.3.2 Home	ventilators	No benefit, unless PMB level of care. <b>PMB:</b> In Hosp = Yes	Subject to PMB and managed care protocols if deemed clinically appropriate.
D3.3.3. Long	leg callipers	No benefit, unless PMB level of care. <b>PMB:</b> In Hosp = Yes	Subject to PMB and managed care protocols if deemed clinically appropriate.
D4 BLOC	DD, BLOOD EQUIVALENTS AN	ID BLOOD PRODUCTS	8
		Limited to and payable from risk	Use of blood equivalents is subject to prior authorisation the relevant managed healthcare programme.

FEDHEALTH BOT approved

FDHFM Version 1.0

Page **11** of **43** With Effect From 01 01 2024

REGISTERED BY ME ON						
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED			
GISTRAR OF MEDICAL SCHEMES	Service oject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB			
a 	9 	100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of the cost or Fedhealth Rate, or Uniform Patient Fee Schedule for public hospitals and/ or single exit price plus dispensing fee. In Hosp = Yes	Transportation of blood is included. Authorised Erythropoietin is included in the Haemodialysis benefit (D22.1.).			
D5 CONSUL	D5 CONSULTATIONS AND VISITS BY MEDICAL PRACTITIONERS					
• Medical	Practitioner Specialist	Limited to and payable from risk Paragraph A4 applicable. Subject to a combined limit of R2 500 per family for non- network GP and Specialist consultations and procedures in hospital. Hospital admissions will require a referral from a General Practitioner and pre-authorisation. Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner, or non-contracted General Practitioner to the Specialist is required, as well as pre-authorisation. If no referral is received from a GP a 40% co-payment will apply on the specialists account.	<ul> <li>Subject to the relevant managed healthcare programme and its prior authorisation.</li> <li>Paragraph A3 applicable.</li> <li>This benefit excludes: <ul> <li>Alternative healthcare practitioners (D1)</li> <li>Dental practitioners, technologists and Therapists (D6)</li> <li>Ante-natal visits and consultations (D10)</li> <li>Psychiatrists, psychologists, psychometrists and registered counsellors (D12)</li> <li>Oncologists, haematologists and credentialed medical practitioners, during active and post-active treatment periods (D14)</li> <li>Additional Medical Services (D17)</li> </ul> </li> </ul>			
D5.2 Out of H	lospital					

Page **12** of **43** With Effect From 01 01 2024

2023/12/08		에 가방 수 있었다. 이상 가지 않는 것이다. 이가 가지 않는 것이라고 있는 것이다. 이가 가지 않는 것이다. 	FEDHEALTH MEDICAL SCHEME myFED
DF MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D5.2.1 GP's In	Network	<ul> <li>Unlimited if clinically appropriate and subject to the use of the nominated contracted General Practitioner's and relevant managed healthcare programmes.</li> <li>A Specialist requires a referral from a contracted General Practitioner, or non-contracted General Practitioner and is further subject to the relevant managed healthcare programme.</li> <li>Consultations with Nurse Practitioners in the Nurses Network, where applicable, limited to the Fedhealth negotiated rate.</li> </ul>	Utilisation monitoring protocols and monitoring become effective after 10 visits per beneficiary.
D5.2.1.1 Dispe Pract	ensing General tioner	Unlimited if clinically appropriate as part of the GP negotiated contract	Refer to the conditions/remarks under GP's In Network (D5.2.1)
D5.2.1.2 Non-d Gener	ispensing al Practitioner	Unlimited subject to the acute formulary.	Refer to the conditions/remarks under GP's In Network (D5.2.1)
D5.2.1.3 Psych	iatric consultations	2 x consultations per family per annum.	Not subject to the utilisation monitoring protocols and monitoring become effective after 10 visits per beneficiary
D5.2.2 GP's O	ut of Network	2 x non-nominated or non-network consultations per beneficiary per annum	
D5.2.3 Primary Pharmacists C	Care Drug Therapy onsultations	Limited to and payable from risk.	
D5.2.3 Special	ists In Network	Funded in full at the negotiated rate limited to 2 consultation and procedure subject to a maximum total rand amount of R2 000 per family.	

	23/12/08		FEDHEALTH MEDICAL SCHEME
			myFED
REGISTRAR OF	Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
		Prescribed Minimum Benefits above these benefits are covered in Designated Service Provider and managed according to managed healthcare protocols.	
		A Specialist requires a referral from a General Practitioner, or a 40% co-payment will apply.	
	D5.2.4 Specialists Out of Netwo	ork No benefit.	
	D6 DENTISTRY		
	D6.1 Basic	Subject to the Dental Provider Network and limited to a list of approved procedures and dental tariff codes.	
	D6.1.1 Dental Practitioners	Subject to the Dental Provider Network and limited to a list of approved procedures and dental tariff codes.	Subject to the relevant managed healthcare programme. Surgical extraction of wisdom teeth are excluded.
	D6.1.2 Dental therapists	Subject to the Dental Provider Network and limited to a list of approved procedures and dental tariff codes.	Refer to conditions/remarks under dental practitioners (D6.1.1)
	D6.1.3 Dental Technicians	Subject to the Dental Provider Network and limited to a list of approved procedures and dental tariff codes.	
	D6.2 Advanced dentistry,	No benefit.	
	D6.2.1 Dental technicians	No benefit	
	D6.2.2 Osseo-integrated implar orthognathic surgery (functiona correction of malocclusions)		120 M

REGISTER	ED BY ME ON			
	23/12/08			FEDHEALTH MEDICAL SCHEME myFED
	MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	D6.2.3 Oral su	Irgery	No benefit.	
	D6.2.4 Orthod	ontic treatment	No benefit.	1
	D6.2.5 Maxillo-facial Surgery		Limited and included in the surgical procedure benefit (D23).	
	D7 HOSPI	TALISATION		
	D7.1 Private	hospitals and unattached o	operating theatres	
D7.1.1. In Hospital		pital	Limited to and payable from risk at 100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of cost or Fedhealth Rate, for accommodation, use of the operating theatres and hospital equipment, medicine, pharmaceuticals and surgical items. Hospital Network: A Hospital Network is the Designated Service Provider ("DSP"), for all benefits including Prescribed Minimum Benefits. A R14 700 co-pay will apply outside of Designated Service Provider, unless such use is involuntary. Hospital admissions will require a referral from a contracted General Practitioner, as well as pre- authorisation. Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner, or non-contracted General Practitioner to the Specialist is required, as well as pre-authorisation.	<ul> <li>Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management.</li> <li>For accommodation, use of operating theatres and hospital equipment, medicine, pharmaceuticals and surgical items.</li> <li>Benefits for the cost of private wards are paid at the same rate as for general wards, unless there is acceptable medical motivation.</li> <li>This benefit excludes Hospitalisation for:</li> <li>Osseo-integrated implants and orthognathic surgery (D6)</li> <li>Maternity (D10)</li> <li>Mental Health (D12)</li> <li>Organ and Haemopoietic stem cell (bone marrow) transplantation and immunosuppressive medication (D16)</li> </ul>

Page 15 of 43 With Effect From 01 01 2024

REGISTER	ED BY ME ON			
202	23/12/08	4	*	FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF	MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	-			<ul> <li>Refractive surgery (D23)</li> <li>Dentistry</li> <li>Investigation and diagnostic work-up</li> <li>Surgery for oesophageal reflux</li> <li>Auditory brain implants</li> <li>Internal nerve stimulators, including procedures, devices and processors</li> <li>Brachytherapy for Prostate Cancer</li> <li>Non- cancerous breast conditions</li> <li>Renal dialysis chronic (D22)</li> </ul>
	D7.1.1.1 Deep I	Brain Stimulation	No Benefit	
		ne on discharge from al (TTO)	Limited to and payable from risk. If included on hospital account or if obtained from pharmacy on day of discharge, pay from Private hospitals and unattached operating theatres (D7.1), otherwise limited to and included in Routine medication (D11.1) In Hosp = Yes	Limited to a 7 days' supply. Except for anti-coagulants were more than seven (7) days' supply can be authorised reimbursement of anti-coagulants is subject to prior authorisation by the relevant managed healthcare programme.
	D7.1.3 Casua	alty/emergency room		
	D7.1.3.1 Facili	ty Fee	No benefit	
	D7.1.3.2 Cons	ultations	No benefit	
	D7.1.3.3 Medic	cine	No benefit	

Page **16** of **43** With Effect From 01 01 2024

2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
S	Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D7.4.1 Trau	ma Treatment in Casualty	A co-payment of R800 is applicable on the Casualty Benefit. 100% of the negotiated fee or in the absence of such fee, 100% of the lower of the cost of Fedhealth Rate.	Will be included in the hospital benefit if a retrospective authorisation is given by the relevant managed healthcare programme for (if medically established).
D7.2 Public	Hospitals		
D7.2.1 In Hos	- - - - -	Limited to and payable from risk at 100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of cost or Fedhealth Rate, or Uniform Patient Fee Schedule for public hospitals for accommodation, use of the operating theatres and hospital equipment, medicine, pharmaceuticals and surgical items.	Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management. Paragraph A3 applicable. This benefit excludes Hospitalisation for benefits listed under the conditions/remarks under the in hospitalisation benefit (D.7.1.1).
	ne on discharge from al (TTO)	Limited to and payable from risk. Refer to TTO's in D7.1.2 In Hosp= Yes	Limited to a 7 days' supply. Except for anti-coagulants were more than seven (7) day supply can be authorised reimbursement of anti-coagula is subject to prior authorisation by the relevant managed healthcare programme.
D7.2.3 Casual	ty/emergency room	No benefit	
D7.2.4 Outpat	ients services	No benefit	
D7.3 Altern	atives to hospitalisation	100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of the cost or Fedhealth Rate.	Subject to the relevant managed healthcare programme and to its prior authorisation.

FDHFM Version 1.0

Page **17** of **43** With Effect From 01 01 2024

2023/12/08

.

MEDICAL SCHEMES Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
а 	No benefit, unless PMB level of care. Benefits for clinical procedures and treatment during stay in an alternative facility will be subject to the same benefits that apply to hospitalisation.	Where scheme rule criteria for an in hospital authorisation is met, an authorisation in an out of hospital setting can be allowed in lieu of the in hospital authorisation provided that it will be less costly.
D7.3.1 Physical rehabilitation facilities	Limited to PMB level of care.	*
D7.3.2 Sub-acute facilities	Limited to PMB level of care.	
D7.3.3 Terminal Care Benefit	No benefit, unless PMB level of care.	
D7.3.4 Nursing Services		
D7.3.4.1 Nursing Agencies	No benefit.	
D7.3.4.2 Private Nurse Practitioners	No benefit.	
D7.3.5 Back rehabilitation programme	No benefit	
D7.4 Post Hospitalisation	No benefit	
D8 IMMUNE DEFICIENCY SYNDROME	RELATED TO HIV INFECTION	
D8.1 Anti-retroviral medicine	Limited to and payable from risk at PMB level of care	Subject to the Scheme's contracted managed healthcare programme which include the application of treatment protocols, medicine formularies, pre-authorisation and case management. Refer paragraph 7.4 of Annexure D.

Page **18** of **43** With Effect From 01 01 2024

REG	ISTER	ED BY	ME ON
-----	-------	-------	-------

# 2023/12/08

÷ 2

Page **19** of **43** With Effect From 01 01 2024

Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB	
D8.2 Related medicine	Limited to and included in the immune deficiency benefit (D8).	Refer the conditions/remarks under the routine/chronic and the Anti-retroviral medicine benefit (D11.1 and D11.4 and D8.1).	
D8.3 Related pathology	Limited to and included in the immune deficiency benefit (D8).	Pathology as specified by the relevant managed healthcare programme.	
D8.4 Consultations	Limited to and included in the immune deficiency benefit (D8).	Refer the conditions/remarks under the routine/chronic and the Anti-retroviral medicine benefit (D8.1).	
D8.5 All other services	Limited to and included in all other benefits except for Immune deficiency syndrome benefit (D1 to D7 and D9 to D23).		
D9 INFERTILITY			
	<ul> <li>100% of the negotiated fee, or, in the absence of such fee, 100% of the cost, or Uniform Patient Fee Schedule for public hospitals.</li> <li>PMBs covered in DSP and managed according to managed healthcare protocols and further limited to interventions and investigations as prescribed by the Regulations to the Medical Schemes Act 131 of 1998 in Annexure A, paragraph 9, Code 902M.</li> <li>Limited to and payable from risk at PMB level of care</li> </ul>	<ul> <li>Subject to the relevant managed healthcare programme and to its prior authorisation.</li> <li>This benefit includes the following procedures or interventions: <ul> <li>Hysterosalpingo-gram</li> </ul> </li> <li>The following blood tests: <ul> <li>Day 3mFSH/LH</li> <li>Day 3 Oestradiol</li> <li>Thyroid function (TSH)</li> <li>Prolactin</li> <li>Rubella</li> </ul> </li> </ul>	

REGISTERED BY ME ON			
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
			<ul> <li>HIV</li> <li>VDRL</li> <li>Chamydia</li> <li>Day 21 Progesterone</li> <li>Laparoscopy</li> <li>Hysteroscopy</li> <li>Surgery (uterus and tubal)</li> <li>Manipulation of ovulation defects and deficiencies</li> <li>Semen analysis (volume; count; mobility; morphology; MAR test)</li> <li>Basic counselling and advise on sexual behaviour, temperature charts, etc.</li> <li>Treatment of local infections</li> </ul>
D10 MATER	NITY		
D10.1 Confine	ement in hospital	<ul> <li>100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of the cost or Fedhealth Rate, or Uniform Patient Fee Schedule for public hospitals, for accommodation, use of operating theatres and hospital equipment, medicine, pharmaceuticals and surgical items.</li> <li>Subject to PMB level of care</li> </ul>	Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management. Strict protocols will apply. Delivery by a contracted general/family practitioner or medical specialist and the services of the attendant paediatrician and/ or anaesthetists are included. Where the hospital admission is requested by a Specialist,
		<ul> <li>Hospital admissions will require a referral from a contracted General Practitioner, as well as pre-authorisation.</li> <li>Elective non-PMB caesarean sections as mode of delivery are subject to a R14 700 co-payment.</li> </ul>	a referral from a contracted General Practitioner, or non- contracted General Practitioner (to the Specialist is required, as well as pre-authorisation.

Page **20** of **43** With Effect From 01 01 2024

REGISTERED BY ME ON			
2023/12/08	· · · · ·		FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF MEDICAL SCHEM	Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	н.		Included in global obstetric fee is post-natal care by a general practitioner and a medical specialist up to an including the six week post-natal consultation. Benefits for the cost of private wards are paid at the same rate as for general wards, unless there is acceptable medical motivation.
	dicine on discharge from spital (TTO)	Limited to and payable from risk. Refer to TTO's in D7.1.2 In Hosp=Yes	Limited to 7 days' supply. Except for anti-coagulants were more than seven (7) days' supply can be authorised reimbursement of anti-coagulants is subject to prior authorisation by the relevant managed healthcare programme.
	nfinement in a registered thing unit	Limited to and included in the confinement in hospital benefit (D10.1). Includes the following: 4 x post-natal midwife consultations per event, in and out of hospital.	Delivery by a midwife. Hire of water bath included in the in hospital appliance benefit (D3.1).
D10.2 Con	finement out of hospital	Limited to and included in the confinement in hospital benefit (D10.1). 4 x post-natal midwife consultations per event, in and out of hospital.	Subject to the relevant managed healthcare programme and to its prior authorisation. Hire of water bath and oxygen cylinder included in the in hospital appliance benefit (D3.1).

Page **21** of **43** With Effect From 01 01 2024

#### 2023/12/08

	ce 9 PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D10.2.1 Consumables and pharmaceuticals		Limited to and included in the confinement in hospital benefit (D10.1).	Registered medicine, dressings and materials supplied a midwife out of hospital.
D10.3 Related maternit	ity services	<ul> <li>Limited to and included in the confinement in hospital benefit (D10.1).</li> <li>2 x 2D scans by either Network GP or Network Gynaecologist, subject to a limited list of tests and specified tariff codes.</li> </ul>	These may be requested directly by the Specialist.
D11.1 Routine (acute) m	nedicine		

Page **22** of **43** With Effect From 01 01 2024

2023/12/08				FEDHEALTH MEDICAL SCHEME myFED
R OF MEDICAL S	CHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D11.1.2	non- o Speci	ne (acute) medicine for dispensing GPs (including alists, Dentists and netrists)	Unlimited according to the schemes managed healthcare acute formulary. Acute medicine prescribed by Network medical practitioners are subject to the acute medicine formulary.	<ul> <li>Subject to the relevant managed healthcare programme.</li> <li>The Medicine Exclusion List and the Pharmacy Products Management Document, relevant managed healthcare programmes and protocols applicable.</li> <li>This benefit excludes:</li> <li>In-hospital medicine (D7)</li> <li>Anti-retroviral medicine (D8)</li> <li>Oncology medicine (D14)</li> <li>Organ and haemopoietic stem cell (bone marrow) transplantation and immunosuppressive medication (D16)</li> <li>Renal dialysis Chronic (22)</li> <li>Referral required by Medical Practitioner.</li> </ul>
D11.2	Medicir hospita	ne on discharge from Il (TTO)	Limited to and payable from risk. Refer to TTO's in D7.1.2 In Hosp-Yes	Limited to 7 days' supply. Except for anti-coagulants were more than seven (7) days supply can be authorised reimbursement of anti-coagulan is subject to prior authorisation by the relevant managed healthcare programme.
D11.3	Schedu	acy Advised Therapy Iles 0, 1 and 2 medicine d by pharmacist	No benefit	
D11.4	Chronic	c medicine	PMBs only. Medication for the 25 chronic conditions may be obtained from a preferred provider (Medirite, Dischem, Clicks and	Subject to the relevant managed healthcare programme and to its prior authorisation and applicable formularies.

\_

REGISTERE	ED BY ME ON		
	23/12/08		FEDHEALTH MEDICAL SCHEME myFED
	MEDICAL SCHEMES Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	9 	Pharmacy Direct) subject to the Basic formulary, unlimited. 40% co-payment for voluntary use of non-formulary medication	Prescribed Minimum Benefits (Chronic Disease Lists) and Diagnostic Treatment Pairs chronic conditions only. Restricted to a maximum of one month's supply, unless specifically pre-authorised.
			Medicine Price List applies. Refer to Annexure D for list of chronic conditions for both option.
			(Includes diabetic disposables such as syringes, needles, strips and lancets.) This benefit excludes:
	•		<ul> <li>In-hospital medicine (D7)</li> <li>Anti-retroviral medicine (D8)</li> <li>Oncology medicine (D14)</li> <li>Organ and haemopoietic stem cell (bone marrow) transplantation and immunosuppressive medication (D16)</li> </ul>
	D11.5 Female Health Benefit		
	D11.5.1 <ul> <li>Oral Contraceptives</li> <li>Contraceptive Injections</li> <li>Contraceptive Patches</li> <li>Contrceptive Vaginal Rings</li> </ul>	Limited to and payable from risk up to the age of 55 year's old, restricted to a maximum of one month's supply No benefit for contraceptive patches and vaginal rings	Subject to a list of contraceptives on acute formulary. Excluding oral contraceptives prescribed for other conditions. Excluding consultations and procedural costs.

	2023/12/08			5	FEDHEALTH MEDICAL SCHEME
202	20/12/00				myFED
REGISTRAR OF	STRAR OF MEDICAL SCHEMES Service Subject to PMB D11.5.2 • Contraceptive Implants • Intrauterine Devices			myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
				No benefit	Subject to a list of contraceptives on acute formulary. Excluding consultations and procedural costs.
		Special Oncolo	ised Drugs for Non gy	No benefit.	Except for Beta-Interferon for the treatment of Multiple Sclerosis as per the Prescribed Minimum Benefits Algorithm and subject to Regulation 15(H) and 15 (I) and the relevant managed healthcare programme and to its prior authorisation.
	D11.7	Speciali	sed Drugs for oncology	No benefit	
	D12	MENTA	L HEALTH		
		Consult	ations and visits, ures, assessments, , treatment and/ or	100% of the negotiated fee, or, in the absence of such fee, 100% of the cost or the Fedhealth Rate, or Uniform Patient Fee Schedule for public hospitals for accommodation, use of operating theatres and hospital equipment, medicine, pharmaceuticals and surgical procedures performed by general practitioners and psychologists and psychiatrists.	Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management. Limited to a maximum of 3 days hospitalisation for beneficiaries admitted by a general practitioner or specialist
				A R4 070 co-pay will apply outside of Designated Service Provider, unless such use is involuntary R9 700 per family, per year	physician. Additional hospitalisation to be motivated by the contracted medical practitioner and pre-authorised by the relevant managed healthcare programme.
				Limited to and payable from risk for PMB Hospital admissions will require a referral from a General Practitioner as well as pre-authorisation.	Benefits for the cost of private wards are paid at the same rate as for general wards, unless there is acceptable medical motivation.

FDHFM Version 1.0

\*

Page **25** of **43** With Effect From 01 01 2024

REGISTER	ED BY ME ON			
20	23/12/08		FEDHEALTH MEDICAL SCHEME myFED	
REGISTRAR OF	MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
			Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner to the Specialist is required, as well as pre-authorisation.	
		ine on discharge from tal (TTO)	Limited to and payable from risk. See TTO's in D7.1.2 In Hosp = Yes	Limited to 7 days' supply. Except for anti-coagulants were more than seven (7) days' supply can be authorised reimbursement of anti-coagulants is subject to prior authorisation by the relevant managed healthcare programme.
	proced	tations and visits, ures, assessments, y, treatment and/or	Limited to and included in the general consultations out of hospital benefit (D5.2.1).	Unless, for PMBs, as per Regulations. 2 x Psychiatric consultations per family per annum, for general practitioners.
	consu proced	rescribed Minimum Benefit Itations and visits, dures, assessments, y, treatment and/ or elling	Limited to and included in the general consultations out of hospital benefit (D5.2.1).	2 x Psychiatric consultations per family per annum for general practitioners.
		ribed Minimum Benefit dures	PMB level of care In Hosp = Yes	See the conditions/remark under the in hospital mental health benefit (D12.2.1). Paragraph A4 applicable.
	D12.2.3 Medio	cine	Limited to and included in the chronic medicine benefit (D11.4).	For PMBs.

FDHFM Version 1.0

.

Page **26** of **43** With Effect From 01 01 2024

REGISTERE	ED BY ME ON		C-	
202	23/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF	MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	D12.3 Rehabi abuse	itation for substance	<ul> <li>100% of the negotiated fee, or, in the absence of such fee, 100% of cost or Uniform Patient Fee Schedule for public hospital for accommodation, use of hospital equipment pharmaceutical, surgical items and medicine supplied during treatment programme. Subject to PMB level of care</li> <li>Limited to the in hospital mental health benefit (D12.1) and In hospital medicine benefit (D12.2.1). PMBs covered in Designated Service Provider.</li> <li>25% co-payment to apply to the stay for non-network admissions</li> </ul>	Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management. Limited to one rehabilitation programme per beneficiary per annum, subject to pre-authorisation in hospital. Rehabilitation programme includes hospital-based management up to 21 days per beneficiary, per benefit year. Benefits for the cost of private wards are paid at the same rate as for general wards, unless there is acceptable medical motivation.
	hospit	ne on discharge from al (TTO)	Limited to and payable from risk. See TTO's in D7.1.2 In Hosp= Yes	Limited to 7 days' supply. Except for anti-coagulants were more than seven (7) days' supply can be authorised reimbursement of anti-coagulants is subject to prior authorisation by the relevant managed healthcare programme.
	D13 NON SI	JRGICAL TESTS AND PRO	CEDURES	
	D13.1 In hos	bital	Limited to and payable from risk, subject to PMB level of care Hospital admissions will require a referral from a General Practitioner, as well as pre-authorisation.	Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management, in hospital only.

This benefits excludes:

Page **27** of **43** With Effect From 01 01 2024

FDHFM Version 1.0

FEDHEALTH BOT approved

EGISTERED BY ME ON		¢	
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
ISTRAR OF MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
e	v	Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner, or non-contracted General Practitioner to the Specialist is required, as well as pre-authorisation.	<ul> <li>Psychiatrists and Psychology (D12)</li> <li>Optometric Examinations (D15)</li> <li>Pathology (D18)</li> <li>Radiology (D21)</li> </ul>
D13.2 Out of	nospital	100% of the negotiated fee, limited to a list of approved procedures by a contracted General Practitioner.	
D13.2.1 Non-s	urgical procedures in prac	titioner's rooms	
	ecified non-surgical cedures in practitioner's ms	100% of the negotiated fee, limited to a list of approved procedures by a contracted General Practitioner.	
D13.3 Sleep	Studies		
	ostic Polysomnograms d out of hospital	No benefit	
D13.3.2 CPAF in and	PTitration d out of hospital	No benefit	
D14 ONCOL	.OGY		
D14.1 Active	e treatment period	100% of the negotiated fee, or, in the absence of such fee, 100% of cost or Uniform Patient Fee Schedule for public hospital for oncologists, haematologists and credentialed medical practitioners, consultation, visit, treatment and materials used in radiotherapy and chemotherapy.	Subject to the relevant managed healthcare programme and to its prior authorisation, oncology preferred product lis and a preferred provider network for the delivery of medicines and consumables. MPL applies. A 25% co-payment is applicable, for voluntary non-DSP utilisation and voluntary non-use of DSP for medicine.

Page **28** of **43** With Effect From 01 01 2024

REGISTER	ED BY ME ON		\$~	
202	23/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF	MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
			PMBs covered and managed according to managed healthcare protocols. ICON is the DSP. Entry-level ICON Protocols apply.	Treatment for long-term chronic conditions that may develop as a result of chemotherapy and radiotherapy is not included in this benefit. Excluding Specialised Drugs (D14.1.3).
	D14.1.1 Medi	cine	Limited to and included in the active treatment period (D14.1).	Refer to conditions/remarks under active treatment period (D14.1)
	D14.1.2 Radio	ology and pathology	Limited to and included in the active treatment period (D14.1).	Subject to the relevant managed healthcare programme, protocols and to its prior authorisation. For specified radiology and pathology services, performed by pathologists, radiologists and haematologists, associated with oncology treatment. A4 not applicable.
	D14.1.2.1 PET	and PET-CT	No benefit.	
	D14.1.3 Speci	alised Drugs for Oncology	No benefit.	
	D14.1.4 Flush	ing of J line and/ or Port	Limited to and included in the active treatment period (D14.1). In Hosp = Yes	Subject to the relevant managed healthcare programme and to its prior authorisation. For oncologists, haematologists and credentialed medical practitioners, treatment and materials.
	(inclue	ytherapy Materials ding seeds and sables)	No benefit.	

FEDHEALTH BOT approved

Page **29** of **43** With Effect From 01 01 2024

REGISTERED BY ME ON			
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
(surgica	d Post active treatment al resection of tumour, therapy and radiotherapy)	Limited to and included in the active treatment period (D14.1) for life following the active treatment period, except for prescribed minimum benefits.	<ul> <li>For consultations by oncologists, haematologists and credentialed medical practitioners, specified radiology and pathology, performed by pathologists, radiologists and haematologists, during the specified remission period. Pre-active refers to the work-up done to diagnose the cancer (date from 1<sup>st</sup> investigation e.g., x-ray, CT/MRI scan, pathology, histology).</li> <li>Post-active refers to the time when member actually had last active treatment (e.g., hormone therapy, chemotherapy radiotherapy).</li> <li>For life means that the member will remain on the oncology programme as long as the cancer goes into remission until it recurs,</li> <li>Should the condition regress, the active treatment benefit (D14.1) will be reinstated.</li> <li>Paragraph A4 applicable, excluding pathology and radiology.</li> </ul>
D15 OPTON	<b>METRY</b>	100% of the negotiated fee. Subject to the contract with the Designated Service Provider, per beneficiary, based on a two year benefit cycle.	
D15.1 Consul	Itations	Limited to and included in the optometry benefit (D15). Limited to one comprehensive examination per beneficiary, based on a two year benefit cycle.	When prescribed by a Designated Service Provider.

REGISTER	ED BY ME ON	C	
	23/12/08		FEDHEALTH MEDICAL SCHEME myFED
	MEDICAL SCHEMES Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	D15.2 Frames	Limited to and included in the optometry benefit (D15). Limited to R230 per beneficiary every two years.	When prescribed by a Designated Service Provider.
	D15.3 Lenses	Limited to and included in the optometry benefit (D15). Limited to 1 pair of clear CR39 single vision spectacle lenses; OR 1 pair of clear CR39 Bifocal lenses.	When prescribed by a Designated Service Provider.
	D15.3.1 Single vision lenses	Limited to and included in the optometry lenses benefit (D15.3).	
	D15.3.2 Bifocal lenses	Limited to and included in the optometry lenses benefit (D15.3).	
	D15.3.3 Multifocal lenses	No benefit	
	D15.4 Special lenses	No benefit	
	D15.5 Lens add-ons	No benefit	
	D15.6 Contact lenses	No benefit	
	D15.7 Low vision appliances	Limited to and included in the in hospital appliance benefit (D3.1).	a.
	D15.8 Ocular prostheses	Limited to and included in the Prostheses and devices external benefit (D20.2).	

REGISTERE	D BY ME	ON		С., х	
	23/12/08				FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF	MEDICAL SC	HEMES	Service bject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	C S	optomet	from a registered trist, ophthalmologist or nentary optical oner	No benefit	
·	D15.10 [	Diagnos	tic procedures	Limited to and included in the optometry benefit (D15).	Section 22A (15) of the Medicine and Related Substance Act 101 of 1965 permits applicable.
	D16 (	ORGAN	, TISSUE AND HAEMOPOIE	TIC STEM CELL (BONE MARROW) TRANSPLANTATION	N AND IMMUNOSUPPRESSIVE MEDICATION
				Prescribed Minimum Benefits covered in Designated Service Provider and managed healthcare protocols and at 100% of the cost	Haemopoietic stem cell (bone marrow) transplantation is limited to allogenic graft and autologous grafts derived from the South African Bone Marrow Registry.
					Paragraph A3 and A4 applicable, unless otherwise stated, unless PMB.
					Organ harvesting is limited to the Republic of South Africa.
	D16.1 (	Corneal	Grafts	No benefit.	
			ooietic Stem Ce <mark>l</mark> l (Bone ) Transplantation	Limited to and included in the organ and transplantation benefit (D16).	Haemopoietic stem cell (bone marrow) transplantation is limited to allogenic grafts and autologous grafts derived from the South Africa Bone Marrow Registry.
·	D16.3 I	Immuno	-suppressive medication	See the chronic medicine benefit (D11.4).	Refer to conditions/remarks under the Organ and Transplantation benefit (D16).
				Limited to and included in the organ and transplantation benefit (D16).	5.
		Post tra scans	nsplantation biopsies and	Limited to and included in the organ and transplantation benefit (D16).	Refer to conditions/remarks under the Organ and Transplantation benefit (D16).

REGISTERED BY ME OF	N		
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF MEDICAL SCHEN		myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D16.5 Rac	liology and pathology	Limited to and included in the organ and transplantation benefit (D16).	Refer to the conditions/remarks under the organ and transplantation benefit (D16).
н и и			For specified radiology and pathology services performed by pathologists, radiologists and haematologists, associated with the transplantation treatment.
D17 ADI	DITIONAL MEDICAL SERVICES		
D17.1 Diete In a	etics nd out of Hospital	No benefit, unless PMB level of care.	
	upational therapy nd out of hospital	No benefit, unless PMB level of care.	
	ech therapy nd out of hospital	No benefit, unless PMB level of care.	
D17.4 Ort In a	hoptics and Out of Hospital	No benefit, unless PMB level of care.	
D17.5 Poo In a	liatry Ind Out of Hospital	No benefit, unless PMB level of care.	
	vate nurse practitioners and Out of Hospital	No benefit, unless PMB level of care.	Clinically appropriate long term wound care will be funded from Risk where pre-authorised.
and the second sec	cial workers and Out of Hospital	No benefit, unless PMB level of care.	5
D17.8 Aug	diology and Hearing Aid	No benefit, unless PMB level of care.	

Page **33** of **43** With Effect From 01 01 2024

C

REGISTERED BY ME ON			
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
	Service ect to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
\Acoustics In and Out	s t of Hospital		
D17.8.1 Infant hea In and ou	ring screening t of hospital	Limited to 1 test per new-born beneficiary (up to 8 weeks) payable from risk.	For all new-borns (up to 8 weeks) that are born into the scheme.
		100% of the lower of cost or Fedhealth Rate.	Limited to a specified list of tariff codes and tests.
D17.9 Genetic C In and Out	ounselling t of Hospital	No benefit, unless PMB level of care.	
D18 PATHOLC	GY AND MEDICAL TECI	HNOLOGY	
D18.1 In hospita	I	Limited to and payable from risk Subject to the DSP for pathology at negotiated rates or 100% of the scheme tariff for services rendered by non-DSP providers	All pathology investigations will be limited to basic protocols. Subject to the relevant managed healthcare programme.
D18.2 Out of hos	spital	<ul><li>100% of the negotiated fee, unlimited, subject to basic protocols and a limited list of tests and specified tariff codes.</li><li>Subject to the DSP for pathology at negotiated rates or 100% of the scheme tariff for services rendered by non-DSP providers</li></ul>	<ul> <li>Subject to referral by the treating provider.</li> <li>This benefit excludes a specified list of pathology tariff codes included:</li> <li>the maternity benefit (D10)</li> <li>the oncology benefit during the active and/or post active treatment period (D14)</li> <li>the organ and haemopoietic stem cell transplantation benefit (D16)</li> <li>the renal dialysis chronic benefit (D22)</li> </ul>
D19 PHYSICAI	_ THERAPY		
FEDHEALTH BOT a	approved	FDHFM Version 1.0	Page <b>34</b> of <b>43</b> With Effect From 01 01 2024

202	ED BY ME ON 23/12/08			FEDHEALTH MEDICAL SCHEME myFED
	MEDICAL SCHEMES	Service ubject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	D19.1 In Hosp	pital	Limited to and payable from risk	Subject to referral by the treating provider. Subject to the relevant managed healthcare programme and to its prior authorisation before commencement of treatment.
	D19.2 Out of h	nospital	No benefit.	
	D20 PROST	HESES AND DEVICES INTE	RNAL AND EXTERNAL	
	(surgica all acco perman with the delivery prosthe include	eses and devices internal ally implanted) including ompanying temporary or tent devices used to assist e guidance, alignment or y of these internal esis and devices. This is bone cement, bone graft utes and bone anchors	PMBs covered in Designated Service Provider and managed according to managed healthcare protocols. PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval. Subject to preferred supplier agreements
	D20.1.1 Cardia	ac system:	8	
	D20.1.1.1 Card	liac Pacemakers	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
	Impl	entricular pacemakers and antable Cardioverter brillators (ICDs)	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
		liac Stents (including the ier) and drug eluting oons	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.

FDHFM Version 1.0

Page **35** of **43** With Effect From 01 01 2024

REGISTERED BY ME ON	. ت		
2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF MEDICAL SCHEMES	Service bject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D20.1.1.4 Card	iac Valves	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.2 Endo	vascular devices:		
D20.1.2.1 Aorta	stent grafts	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.2.2 Caro	tid Stents	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
	chable platinum coils bral aneurysm coils)	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
	oolic protection ices	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
	pheral arterial nt grafts	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3 Orth	opaedic prosthesis and c	levices:	
D20.1.3.1 Elbo	w replacement	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3.2 Hip r	replacement	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3.3 Knee	e replacement	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3.4 Shou	ulder replacement	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.

FDHFM Version 1.0

Page **36** of **43** With Effect From 01 01 2024

DEC	ICTE		IE ON
neu a		RED	

# 2023/12/08

Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D20.1.3.5 Bone lengthening devices	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3.6 Spinal plates and Screws	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3.7 Other approved spinal Implantable devices and intervertebral discs	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.3.8 Total ankle replacement	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.1.4 Ophthalmic system:		
D20.1.4.1 Intraocular Lens	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval. Cover for PMB level of care is R 500 per lens.
D20.1.5 Unlisted internal prostheses and Devices	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D20.2 Prostheses and devices external	PMB level of care.	Subject to the relevant managed healthcare programme and to its prior approval.
D21 RADIOLOGY		
D21.1 General radiology		
D21.1.1 In Hospital	Limited to and payable from risk	Authorisation is not required for MRI scan for peripheral joint examination or dedicated limb units.

FEDHEALTH BOT approved

FDHFM Version 1.0

Page **37** of **43** With Effect From 01 01 2024

2023/12/08			FEDHEALTH MEDICAL SCHEME myFED
REGISTRAR OF MEDICAL SCHEMES	Service Subject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
	9	Hospital admissions will require a referral from a General Practitioner, as well as pre-authorisation. Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner, or non-contracted General Practitioner to the Specialist is required, as well as pre-authorisation.	All radiology investigations will be limited to basic protocols.
D21.1.2 Out	of hospital	Limited to and payable from risk, subject to basic protocols and a limited list of procedures/test/x-rays and specified tariff codes.	<ul> <li>Subject to referral by the treating provider.</li> <li>This benefit excludes a specified list of radiology tariff codes included in:</li> <li>the maternity benefit (D10)</li> <li>the oncology benefit during the active and/or post active treatment period (D14)</li> <li>the organ and haemopoietic stem cell transplantation benefit (D16)</li> </ul>
D21.2 Spec	ialised Radiology		<ul> <li>the renal dialysis chronic benefit (D22)</li> </ul>
D21.2.1 In Ho		Limited to R15 030 per beneficiary and a limit of R30 300 per family.	Subject to the relevant contracted managed healthcare programme and pre-authorisation. Oncology requests will be limited and included in the active treatment period (D14.1.2). Specific authorisations are required in addition to any authorisation that may have been obtained for hospitalisation, for the following: • CT scans

FDHFM Version 1.0

Page **38** of **43** With Effect From 01 01 2024

2023/12/08	v.		FEDHEALTH MEDICAL SCHEME myFED
AR OF MEDICAL SCHEMES Serv Subject 1		myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
			<ul> <li>MUGA scans</li> <li>MRI scans</li> <li>Radio isotope studies</li> <li>This benefit excludes:</li> <li>CT colonography (virtual colonoscopy) (no benefits)</li> </ul>
D21.2.2 Out of Hosp D22 RENAL DIALY	ital 'SIS CHRONIC	No benefit, unless PMB level of care.	MDCT Coronary angiography (no benefits)
		<ul> <li>100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of the cost or the Fedhealth Rate, or Uniform Patient Fee Schedule for public hospitals for all services, medicine and materials associated with the cost of renal dialysis.</li> <li>PMB level of care. A 40% co-payment is applicable, for voluntary non-DSP utilisation.</li> </ul>	
D22.1 Haemodialysis dialysis	s and peritoneal	PMB level of care	Subject to the relevant managed healthcare programme and to its prior authorisation. Authorised Erythropoietin is included in Blood and blood products (D4).This benefit excludes acute renal dialysis and included in the in hospitalisation benefit (D7).
D22.2 Radiology and	d pathology	PMB level of care	As specified by the relevant managed healthcare programme. Paragraph A3 not applicable.

FDHFM Version 1.0

Page **39** of **43** With Effect From 01 01 2024

12/08	ς.		FEDHEALTH MEDICAL SCHEME myFED
DICAL SCHEMES	Service bject to PMB	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
23 SURGIC	AL PROCEDURES		
023.1 In Hosp	ital	Limited to and payable from risk, subject to PMB level of care. Hospital admissions will require a referral from a General Practitioner as well as pre-authorisation. Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner, or non-contracted General Practitioner to the Specialist is required, as well as pre-authorisation.	Subject to the relevant contracted managed healthcare programme(s) which include the application of treatment protocols, formularies pre-authorisation and case management. This benefit excludes: • Osseo-integrated implants (D6) • Orthognathic and oral Surgery (6) • Advanced Dentistry (D6) • Maternity (D10) • Organ Haempopietic stem cell (bone marrow) transplantation and immunosuppressive medication (D16) Surgical extraction of impacted wisdom teeth are excluded on this option.
023.1.1 Refract	live surgery	No benefit.	
023.1.2 Maxillo	o facial surgery	Limited to and payable from risk for the surgical removal of tumours and neoplasms, sepsis, trauma, congenital birth defects and other surgery not specifically mentioned in dentistry benefit (D6).	Subject to the relevant managed healthcare programme and to its prior authorisation. This benefit excludes: • Osseo-integrated implants (D6) • Orthognathic (D6) • Oral Surgery (6) • Advanced Dentistry (D6) • Impacted wisdom teeth (D6)
02	Su 3 SURGIC 3.1 In Hosp 3.1.1 Refract	CAL SCHEMES Subject to PMB 3 SURGICAL PROCEDURES	CAL SCHEMES       Service Subject to PMB       myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c         3       SURGICAL PROCEDURES         3.1       In Hospital         Limited to and payable from risk, subject to PMB level of care.         Hospital admissions will require a referral from a General Practitioner as well as pre-authorisation.         Where the hospital admission is requested by a Specialist, a referral from a contracted General Practitioner, or non-contracted General Practitioner to the Specialist is required, as well as pre-authorisation.         3.1.1       Refractive surgery         No benefit.       Limited to and payable from risk for the surgical removal of tumours and neoplasms, sepsis, trauma, congenital birth defects and other surgery not specifically mentioned

Page **40** of **43** With Effect From 01 01 2024

2023/12/0					FEDHEALTH MEDICAL SCHEME myFED
	AL SCHEMES	Service ubject to PMB	F	myFED Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c	Conditions/ Remarks Subject to PMB
D23	2 Out of proced rooms	hospital surgical lures in practitioner's	Limited to a list General Practit	of approved procedures by a contracted ioner	<ul> <li>Limited to and included in the alternative hospitalisatio benefit (D7.3).</li> <li>Paragraph A3 applicable.</li> <li>This benefit excludes;</li> <li>Osseo-integrated implants (D6)</li> <li>Orthognathic and oral Surgery (6)</li> <li>Advanced Dentistry (D6)</li> <li>Maternity (D10)</li> <li>Organ Haempopietic stem cell (bone marrow) transplantation and immunosuppressive medication (D16)</li> <li>Includes related consultation, materials, pathology and radiology if done same day.</li> </ul>
D23		ic surgical procedures in tioner's rooms	Limited to and procedures (D2	included in the out of hospital surgical 23.2).	
D25	100% o Exclude	NESS BENEFIT of the lower of the cost or Fedl es consultations and costs for dicines and injection materials	all procedures w	ted procedures and tests, limited to and p ithin this programme.	bayable from risk
D25	1 Wo	omen's Health			- INI
DOF	1.1 Cer	vical Cancer Screening (PA	P) Smear	No Benefit	

FDHFM Version 1.0

Page **41** of **43** With Effect From 01 01 2024

FEDHEALTH MEDICAL SCHEME myFED         Service       myFED         Subject to PMB       Benefits/ Limits Subject to PMB Refer Annexure B Paragraph c       Conditions/ Remarks Subject to PMB         D25.2       Geriatric Health       D         D25.2.1       Pneumococcal Immunisation       No Benefit         D25.2.2       Osteoporosis Screening: Bone Mineral Density       No Benefit         D25.2.3       Colorectal Cancer Screening (faecal occult blood test)       No Benefit         D25.4       General Wellness       No Benefit	REGISTERED BY ME	ON			
REGISTRAR OF MEDICAL SCHEMES       Service       myFED       Conditions/ Remarks         Subject to PMB       Benefits/ Limits       Subject to PMB       Subject to PMB         D25.2       Geriatric Health       D25.2.1       Pneumococcal Immunisation       No Benefit         D25.2.1       Pneumococcal Immunisation       No Benefit       D25.2.2       Osteoporosis Screening: Bone Mineral Density       No Benefit         D25.2.3       Colorectal Cancer Screening (faecal occult blood test)       No Benefit       No Benefit         D25.4       General Wellness       No Benefit       No Benefit         D25.4.1       Cardiac Health (Cholesterol Screening [Full       No Benefit	2023/12/08				
Subject to PMB Refer Annexure B Paragraph c         D25.2       Geriatric Health         D25.2.1       Pneumococcal Immunisation       No Benefit         D25.2.2       Osteoporosis Screening: Bone Mineral Density       No Benefit         D25.2.3       Colorectal Cancer Screening (faecal occult blood test)       No Benefit         D25.4       General Wellness       No Benefit				myFED	
D25.2.1       Pneumococcal Immunisation       No Benefit         D25.2.2       Osteoporosis Screening: Bone Mineral Density       No Benefit         D25.2.3       Colorectal Cancer Screening (faecal occult blood test)       No Benefit         D25.4       General Wellness       No Benefit         D25.4.1       Cardiac Health (Cholesterol Screening [Full       No Benefit				Subject to PMB	Subject to PMB
D25.2.2       Osteoporosis Screening: Bone Mineral Density       No Benefit         D25.2.3       Colorectal Cancer Screening (faecal occult blood test)       No Benefit         D25.4       General Wellness       No Benefit         D25.4.1       Cardiac Health (Cholesterol Screening [Full       No Benefit	D25.2				
Density     Density       D25.2.3     Colorectal Cancer Screening (faecal occult blood test)     No Benefit       D25.4     General Wellness       D25.4.1     Cardiac Health (Cholesterol Screening [Full     No Benefit	D25.2.1	Pneumococcal Immunisation	εz.	No Benefit	
D25.4.1     General Wellness       D25.4.1     Cardiac Health (Cholesterol Screening [Full	D25.2.2		Mineral	No Benefit	
D25.4.1     Cardiac Health (Cholesterol Screening [Full     No Benefit	D25.2.3		aecal occult	No Benefit	
	D25.4	General Wellness			
Lipogram])	D25.4.1	Cardiac Health (Cholesterol Scr Lipogram])	reening [Full	No Benefit	
D25.4.2     Flu Immunisation and administration     1 every year for all lives.	D25.4.2	Flu Immunisation and administ	ration	1 every year for all lives.	
D25.4.3     HIV Test (Finger prick)     1 every year for all lives.	D25.4.3	HIV Test (Finger prick)		1 every year for all lives.	
D25.4.4         Breast Cancer Screening / Mammogram         No Benefit	D25.4.4	Breast Cancer Screening / Mam	mogram	No Benefit	
D25.4.5 Child Immunisations No Benefit	D25.4.5	Child Immunisations		No Benefit	
D25.4.6     GoSmokeFree     1 per beneficiary per annum	D25.4.6	GoSmokeFree		1 per beneficiary per annum	
D25.4.7       Prostate specific antigen       1 per male beneficiary aged 45 to 69 years old per annum	D25.4.7	Prostate specific antigen		1 per male beneficiary aged 45 to 69 ye	ears old per annum
D25.4.8     Child Optometry Screening     No Benefit	D25.4.8	Child Optometry Screening		No Benefit	55
D25.4.9     Human Papilloma Virus (HPV) vaccine     No Benefit	D25.4.9	Human Papilloma Virus (HPV) v	vaccine	No Benefit	

FDHFM Version 1.0

Page **42** of **43** With Effect From 01 01 2024

Service Subject to PMB		myFED Benefits/ Limits Subject to PMB	Conditions/ Remarks Subject to PMB	
		Refer Annexure B Paragraph c	REGISTERED BY ME ON	
D26	HEALTH RISK ASSESSMENTS			
	100% of the lower of the cost or Fed For medicines and injection material	health Rate for listed procedures and tests, limited to and pay s (D11,1).	vable from risk 2023/12/08	
		all procedures within this programme.	REGISTRAR OF MEDICAL SCHEMES	
D26.1	Wellness Screening	1 test per beneficiary per annum.		
	<ul> <li>Blood pressure;</li> <li>Finger prick cholesterol;</li> <li>Glucose test</li> </ul>			
D26.2	<ul> <li>Preventative Screening</li> <li>Hip to waist ratio;</li> <li>Body fat percentage;</li> <li>Flexibility;</li> <li>Posture; and</li> <li>Fitness</li> </ul>	1 test per beneficiary per annum		
D26.3	Weight Management Programme	<ul> <li>Limited to 1 enrolment per beneficiary every 2 year, subject to qualifying criteria and successful enrolment on the programme.</li> <li>2 Dietician consult per beneficiary every 2 years</li> <li>1 Psychotherapy consult per beneficiary every 2 years</li> <li>12 Biokinetics assessments per beneficiary every 2 years (this comprises of an initial assessment, exercise sessions and reassessment sessions)</li> </ul>		

000000000000

Page **43** of **43** With Effect From 01 01 2024

X