

ZOOM

Unique benefits on Fedhealth

Fedhealth is the only medical scheme that offers a substantial **unique benefit package** paid from Risk to help our members get more from their medical aid cover, and help their day-to-day savings go further. In addition, we also offer a range of value-adding **additional benefits**.

Unique benefits paid from Risk

30-day post-hospitalisation treatment

We pay for post-hospitalisation treatment (e.g. physiotherapy, x-rays, pathology) for up to 30 days after our members' discharge from hospital. This excludes follow-up consultations with GPs or specialists, and is not applicable to **myFED**.

Seven days of paid-for take-home medication

Fedhealth pays for 7 days supply of take-home medication, to a maximum of R400 per beneficiary per admission, when you are discharged from hospital. The medicine can either be dispensed by the hospital and reflect on the original hospital account, or be dispensed by a pharmacy on the same day that the member is discharged from hospital

Specialised radiology

We cover specialised radiology like MRI and CT scans whether they are performed in- or out-of-hospital. Co-payments apply to non-PMB MRI/CT scans on all options. Not applicable to **flexiFED^{Savvy}** and **myFED**

Trauma treatment at a casualty ward

Emergency treatment at a casualty ward, like stitches, is covered whether the member is admitted to hospital or not. Authorisation must be obtained within 48 hours and a co-payment of R850 per visit for non-PMBs applies to all options.

Cover for female contraception

We cover female contraceptives, including oral, patches, certain injectables, contraceptive rings as well as IUDs that include the Mirena[®]. It must, however, be prescribed by a GP or gynaecologist and is not applicable to pills prescribed for acne. On **myFED** and **flexiFED^{Savvy}**, only oral and injectable contraceptives are covered.

Upgrade within 30 days of a life changing event

We allow members to upgrade to a higher option any time of the year within 30 days of a life-changing diagnosis, like a pregnancy or on diagnosis of a dread disease. Not applicable to **myFED**

In-hospital dentistry for children under 7

We pay for dentistry performed in-hospital for children up to the age of 7. The hospital account and anaesthetist costs are paid from the in-hospital benefit while the dentist's account comes from day-to-day benefits. Not applicable to **myFED**, **flexiFED^{Savvy}** or **flexiFED 1**.



Additional benefits

The Fedhealth Baby Programme

Fedhealth offers moms-to-be the FREE Fedhealth Baby Programme which they can join from their 12th week of pregnancy. From credible advice from our experts to a gorgeous Fedhealth baby bag filled with baby products and more, our programme is designed to make this special journey even more enjoyable. Not applicable to flexiFED^{savvy}.

24-hour Fedhealth Nurse Line

All Fedhealth members can access our toll-free 24-hour Fedhealth Nurse Line for sound advice by qualified nurses on everything from medication side-effects to teen support. Call **0860 333 432**.

Emergency transport/response through Europ Assistance

Our partner Europ Assistance provides all Fedhealth members with a 24-hour medical advice and evacuation service, which includes the co-ordination and management of emergency transport.

Weight Management Programme

To help members embrace a leaner, healthier lifestyle, we give qualifying Fedhealth members access to a 12-week biokineticist-led weight loss programme, which may also include sessions with a psychologist and dietician (subject to one enrolment per beneficiary per annum).

Paed-IQ advice line

All Fedhealth members with children up to the age of 14 years can make use of the Paed-IQ advice line for 24-hour paediatric medical advice and support.

Conservative back and neck rehabilitation programme

Members suffering from back and neck pain are invited to find out more about our conservative back and neck rehabilitation programme. This programme uses active muscle reconditioning to reduce pain, restore mobility and help members avoid surgery altogether. Not applicable to flexiFED^{savvy} and myFED.

Child rates for financially dependent children up to 27 years of age

A child will be covered at child rates up to the age of 27, if they are registered as full time students. If not, they will be covered at child rates until the age of 21.

Only pay for three children

On Fedhealth, members only pay for their first three children, fourth and subsequent children are covered for free.



CONTACT DETAILS

For more information, please visit fedhealth.co.za, or use the Fedhealth Family Room, WhatsApp service or Fedhealth Member App. You can also call the Fedhealth Customer Contact Centre on **0860 002 153**.

Disease Management : Europ Assistance : MVA Third Party Recovery Department : Fedhealth Baby
0860 101 306 : 0860 333 432 : 012 431 9718 : 0861 116 016



DISCLAIMER: This document is a summary for information purposes only and does not supersede the rules of the Scheme. In the event of any discrepancy between this summary and the Rules, the Rules will prevail. A copy of the Rules is available on request.